oak Tree ASC
precision spinal procedures

Dear _____
Your MYELOGRAM appointment is scheduled with DR._____

Appointment Date _____ Please arrive at_____
It is important that you call us to confirm receipt of this letter or if you have any questions (626) 577-2525.

PLEASE FOLLOW THESE INSTRUCTIONS OR YOUR APPOINTMENT WILL BE CANCELLED.

TRANSPORTATION:

- **YOU MUST HAVE A DRIVER.**

MRI/CT SCAN:

- **IF YOU DID NOT HAVE AN MRI OR CT SCAN AT OAK TREE MEDICAL CENTER, YOU MUST BRING FILM/CD AND REPORTS TO YOUR APPOINTMENT.** They will be returned to you after your procedure.

FOOD/BEVERAGES/MEDICATIONS:

- **DRINK PLENTY OF LIQUIDS FOR TWENTY-FOUR (24) HOURS BEFORE YOUR APPOINTMENT, DO NOT EAT OR DRINK ANYTHING FOUR (4) HOURS PRIOR TO YOUR APPOINTMENT.**

MEDICATIONS TO DISCONTINUE PRIOR TO APPOINTMENT		
STOP **5** DAYS PRIOR	STOP **3** DAYS PRIOR	STOP **24** HOURS PRIOR
*Anti-coagulants like **PLAVIX** **COUMADIN OR WARFARIN** **>Pro-time lab** test is required the day before your appointment and the results faxed to our office. **FAX**: (626) 577-2995 before 3:30pm). Platelet Inhibitors like **PLETAL** **REOPRO** **TICLID**	*Salicylate medications like **ASPIRIN (81 mg or 325mg)** **ANACIN** **BUFFERIN** **ECOTRIN** **EXCEDRINE** or any oral, crèmes, or patches containing aspirin or **salicylate** like bengay, icyhot and salonpas. **Fish oil like Lovaza**	*Non-steroidal Anti-inflammatory Drugs (NSAIDs) Examples of NSAIDs are: **ADVIL** **BEXTRA** **ALEVE(Naproxen)** **CELEBREX** **MOBIC** **FELDENE (Piroxicam)** **MOTRIN (Ibuprofen)** **RELAFEN** **VIOXX** **VOLTAREN (Diclofenac)** **Flector patch.**

***Please note that this is not a complete list, call your Pharmacist if you have any questions.**

- **We strongly advise that you lay flat for 24 hours after the Myelogram to prevent spinal headaches.**

- Please take all other prescribed medications not listed above with a **little sip of water**.

- **AS A COURTESY TO OUR PATIENTS WHO ARE WAITING FOR A SPINE PROCEDURE, WE REQUIRE 24 HOURS NOTICE OF CANCELLATION. A CANCELLATION FEE OF $50.00 WILL BE CHARGED IF WE ARE NOT GIVEN 24 HOUR NOTICE.**

- **PLEASE BRING A LIST OF YOUR CURRENT MEDICATIONS**